



# Our exciting Courses... Come explore !!!



## Acro-Twigs (3 to 6 year old)

This is childhood as it should be. Our Acro-twigs course is a great place for the little ones to learn key developmental skills such as planning, proprioception, midline crossing, core strength and stability as well as flexibility – all while being supervised by our ever-attentive instructors.



## Monkey Moves

Suitable for our younger adventurer (yet adults have been known to opt for this course as well). This challenging course will test your agility as you make your way through a variety of aerial obstacles.

## Swinging Tarzan

Do not be fooled by this course, it will test not only your body but your mind as well, bringing out your inner Tarzan as you take on this challenging course!



## High Flying

The ultimate Acrobranch challenge – our highest and most challenging course. Take that leap of faith, step off the platform and trapeze through the trees... we dare you!



## Big Zip

\* at selected parks

Feel the wind through your hair as you take on the Big Zip – adrenaline-pumping excitement!



## Acro-Twigs Bungee

\* at selected parks

One for our younger adrenaline enthusiasts – An activity that will have little ones safely soaring 8 meters high facilitated by both a harness as well as trampoline.

**Adventure awaits you and  
your tribe!**



## BIRTHDAY PARTIES



## FAMILY & FRIENDS



## BACHELOR/ETTES

Whether you are looking for a fun-filled day for kids or adults, our adventures are a perfect fit for all!



**HUDDLE PARK** Linksfield Area  
**CENTURION** The Big Red Barn  
**PTA EAST** Tierpoort, Garsfontein Rd  
**PTA NORTH** Honingnestkrans  
**CASALINGA** Rocky Ridge Rd, Muldersdrift

## Western Cape

**CAPE TOWN** Constantia Nek  
**STELLENBOSCH** Klein Joostenberg  
**GARDEN ROUTE** Timberlake Organic Village

## Kwazulu - Natal

**PIETERMARITZBURG** SANBI, National Botanical Gardens  
**HILLCREST** Morewood Farm & Activity Centre



## TEAM BUILDINGS & YEAR-END FUNCTIONS



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#GET HOOKED:  
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